



# COOKING WITH HONEY CONTEST

## Participant Rules

Each youth has 20 minutes to present.

This time includes preparation, demonstration, and clean up.

Participants are required to use Missouri honey, give the judge a recipe card and food sample.

Participants need to discuss benefits of honey to humans & benefits of pollinators to our communities.

Every county is allowed to send three participants to the state level of competition: 1 Junior, 1 Intermediate and 1 Senior. No teams are allowed.

Participants may be enrolled in any project to be eligible to compete.

State contest will be held at the  
2016 Missouri State Fair 4-H Building  
August 19 from 9:30am - afternoon

- 1<sup>st</sup>-3<sup>rd</sup> place will receive prizes from the Missouri State Beekeepers Association.
- Awards will be presented in the Electric Theater 30 minutes after the last demonstration.
- A list of Missouri beekeeper associations is listed at <http://mostatebeekeepers.org>



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